

JOANNIE ROCHETTE

(2009 PROFILE)

PERSONAL DATA

Age: 23 (Born: 1/13/1986)

Height: 5' 2" (157 cm)

Birthplace: Montreal, Quebec

Home Town: Ile Dupas, Quebec

Home Club: CPA Berthierville

Coach: Mason Perron,

Education: College Andre-Grasset

Choreographer: David Wilson, Shae-Lynn Bourne and Lori Nichol

Family Information:

Powerful, dynamic and musical are words that describe four-time Canadian Ladies Champion Joannie Rochette. Her astounding presence on the ice immediately captures your attention. Skating since the age of 22 months, she made her first big mark on Canadian skating in 2000 and 2001, when she won the Novice and Junior titles back to back. The following year, she claimed the bronze medal in her senior debut.

A second-place finish at the 2003 Canadian Championships earned her a trip to the World Championships, to which she has returned every year since, placing in the top 10 five times, including the 2009 World Silver. She has won several medals on the International Skating Union Grand Prix circuit and has qualified for the Grand Prix Final twice, winning medals on both occasions. She has also twice placed on the podium at the Four Continents Championships.

In 2006, she achieved a lifelong goal of competing in the Winter Olympics. She says returning to the Olympics, which in 2010 will be held in her home country of Canada, makes hard training that much easier. "Every day you go to training and you can feel it's so close," Rochette says. "Honestly, it is easy to feel motivated." As Rochette has matured and grown so has her confidence and artistry. For the past five seasons she worked with renowned choreographer David Wilson, who she says had a profound impact on her skating. This year, she's decided to try some new approaches and former Canadian and World Ice Dance Champion Shae-Lynn Bourne has choreographed her short program, set to a classical interpretation of Gershwin's "Summertime." Lori Nichol has choreographed the long program.

Last spring, Rochette toured with *Smucker's Stars on Ice Canada* for the third time. "It's nice to be outside of a competitive environment," she says. "You just get on the ice and the fans are there to watch you skate. Everyone is happy to be there. It's good to be skating without that pressure and be able to perform more freely. It helps me for competition." Rochette readily admits there is "no magic recipe" for success in skating. She aims to be consistent in every competition she enters. She's been working on triple/triple combinations for the past two years, and plans to include them in her competitive routine for 2008-09.

"I like training every day and giving myself a goal to learn a certain jump," she says. "Even though some days might be harder, you still go after it. There is nothing I dislike about my sport other than the cold."

Winter sports and ice continue into her personal life, which Rochette shares with boyfriend Francois-Louis Tremblay, a Canadian short track speed skater. She says they're mutually supportive and he's a great cook, who gladly prepares her healthy foods. She's also inspired by the recent successes of fellow Canadian skaters Jeffrey Buttle, Jessica Dubé & Bryce Davison and Tessa Virtue & Scott Moir, all of whom won medals at the 2008 World Championships. Rochette is doing her utmost to join them in 2009.

In June 2006, Rochette was introduced as a member of the Bell Champions team, nine accomplished Olympic and Paralympic athletes from Ontario, Quebec, Alberta and British Columbia, who are national ambassadors for Bell Canada. Away from skating, Rochette continues to pursue formal education at the College Andre-Grasset in Montreal, where she is studying natural and health sciences. "I'm very competitive at school as well," she says. "Sometimes nights are shorter when you're studying for an exam, but it's good to keep my head busy. When I'm done with my skating career, there's another life after it. When I'm ready for it, I want my studies to be there." She may continue to study science or shift her focus to business. Her present goal is to compete through the 2010 season. After that, she will decide her future plans. Although she doesn't see herself becoming a coach, Rochette intends to stay connected to the skating. Other off-ice interests include jumping trampoline, ballet, yoga, roller blading, reading, dancing and music.

For now, she wakes up each morning feeling the anticipation of the 2010 Winter Olympics. "Obviously, I would like to medal. That's my goal for those Games," Rochette says. "Having the opportunity to have the Olympic Games in your home country is awesome. It's very rare and a great opportunity."

JOANNIE ROCHETTE COMPETITIVE RECORD

2008-2009 SEASON

*World Championships 2009- 2nd
 National Championships 2009 (Canada) - 1st
 *SBS ISU Grand Prix Final 2008/2009- 4th
 *Four Continents Championships 2009- 2nd
 *World Championships 2008- 5th
 Championships 2008 (Canada) - 1st
 *Trophee Bompard 2008- 1st
 *Four Continents Championships 2008- 2nd
 *HomeSense Skate Canada Int. 2008- 1st

2007-2008 SEASON

*World Championships 2007- 10th
 National Championships 2007 (Canada) - 1st
 *Cup of Russia 2007- 3rd
 HomeSense Skate Canada 2007- 3rd
 *Four Continents Championships 2007- 3rd

2006-2007 SEASON

*Olympic Winter Games 2006- 5th
 *World Championships 2006- 7th
 *Trophee Eric Bompard 2006- 4th
 *HomeSense Skate Canada Intern. 2006- 1st
 National Championships 2006 (Canada) - 1st

2005-2006 SEASON

*World Championships 2005- 11th
 *ISU Grand Prix Final 2005- 3rd
 *Trophee Eric Bompard 2005- 4th
 *MasterCard Skate Canada Int. 2005- 2nd
 *Campbell's FS Classics 2005- 4th
 National Championships 2005 (Canada) - 1st

2003-2004 SEASON

*World Championships 2003- 17th
 *Four Continents Championships 2003- 8th
 *Cup of Russia Gallina Blanca 2003- 4th
 *MasterCard Skate Canada Int. 2003- 10th
 *Bofrost Cup 2003- 1st National
 National Championships 2003 (Canada) - 2nd

2002-2003 SEASON

*Four Continents Championships 2002- 9th
 *World Junior Championships 2002- 5th (Junior)
 National Championships 2002 (Canada) - 3rd

2001-2002 SEASON

*World Junior Championships 2001- 8th (Junior)
 *Trofeo Rita Trapanese 2001- 3rd (Junior)
 *JGP Gdansk 2001- 5th (Junior)
 National Championships 2001 (Canada) - 1st (Junior)

2000-2001 SEASON

*Mexico Cup 2000- 4th (Junior)
 *Grand Prix de St. Gervais 2000- 5th (Junior)

2004-2005 SEASON

*World Championships 2004- 8th

*Four Continents Championships 2004- 4th

*Trophee Eric Bompard 2004- 1st*Cup of China 2004- 3rdNational Championships 2004 (Canada) - 2nd

*International Competition

PERSONAL BESTS

Type	Date	Score	Event	Event Category	Discipline	Level
Total	01.11.2008	188.89	HomeSense Skate Canada Int. 2008	Ladies	Singles	Seniors
SP/OD	04.02.2009	66.90	Four Continents Championships 2009	Ladies	Singles	Seniors
SP/OD Technical	04.02.2009	37.90	Four Continents Championships 2009	Ladies	Singles	Seniors
SP/OD Component	04.02.2009	29.00	Four Continents Championships 2009	Ladies	Singles	Seniors
FS/FD	01.11.2008	124.15	HomeSense Skate Canada Int. 2008	Ladies	Singles	Seniors
FS/FD Technical	24.11.2007	64.71	Cup of Russia 2007	Ladies	Singles	Seniors
FS/FD Component	15.11.2008	60.32	Trophee Bompard 2008	Ladies	Singles	Seniors