

SASHA COHEN

(2009 PROFILE)

PERSONAL DATA

Age: 24 (Born: 10/26/1984)

Height: 5' 2" (1.57 m)

Birthplace: Westwood, Los Angeles, CA

Home Town: Corona Del Mar, CA

Coach: Rafael Arutunian

Home Club: Orange County FSC

Family: Parents- Galina & Roger Cohen.
Sister- Natasha.

Sasha Cohen's star quality shines more brightly today than when she won Silver for the United States at the 2006 Olympic Games in Turin and her worldwide influence in fashion, exercise, nutrition and lifestyle is cutting-edge as she leads the way in promoting a healthy physical and mental daily regimen that stretches across all demographics. "*I concentrate in living in the now,*" Sasha says. It's the same philosophy Sasha has lived with and the same values that continue to expand her fan, consumer and marketing base. Her time management skills allow her to keep what many would consider an exhaustive schedule. Sasha, now 24, took a respite from competitive skating after her second straight Olympics and U.S. National Championship, to visit avenues of life she had to detour during the intensive training required of an elite athlete competing for her sport's highest honor. Sasha's post-competitive credits include movies, prime time television and commercials (Citizen, Got Milk?, Simply Saline). Roles have been written for her to take advantage of her actress/model beauty, her presentation and communication skills and the fame she wears modestly. She studied a semester at the renowned and intensive The New York Film Academy at Harvard and has taken speech and a variety of acting classes from some of Hollywood's top coaches to learn the subtleties that make a good actress great. Scripts routinely arrive for Sasha's perusal and reality shows frequently ask Sasha to participate. Project Runway, with Heidi Klum, was a big success when contestants were asked to make a skating dress for Sasha and other projects include a proposed show written around her.

Time constraints have proved to be the deciding factor in Sasha's decision-making process that has limited her exploration of more TV and movie projects. USA Today in January featured Sasha in a full-page interview on her use of Yoga to maintain physical fitness and injury prevention in combination with its ways to enhance mental health. Typically for Sasha, she illustrated her strength, flexibility and concentration with a pose reserved for only the most successful practioners of Yoga. She has been featured on magazine covers and in stories in Yoga magazines promoting its healthy benefits. When Sasha tours with Stars On Ice the buzz she creates for her signature fashion designs is as highly anticipated as her sensational skating programs and music selection. Sasha has the sketches and dresses from all her competitions. Her one-of-a kind dresses are dynamic in style, fabric and colors and are unique to her sport. Sasha says she plans to delve into fashion designing in the future. She is deluged with requests for reproductions or designs for skaters and similar designs for young women. World-renowned photographer Mario Sorrenti, who spotted Sasha skating at a rink in New York City, photographed her for the high-fashion French V magazine. Some of the photos were used in a Paris edition this year. Sasha has also been featured in Vogue and other international and national photo spreads. Sasha is as much an ambassador for her charities as she is for her sport. She is active in promoting her charities and quietly embraces causes that impact on youth and families. Recognizing that young people are influenced by what they see in public, Sasha thrives on being

a role model. Her autobiography "Fire On Ice", published by HarperCollins, is a testament to Sasha's disciplined lifestyle and unconditional family support. The book sold out of its hardback printing and a soft cover was in high demand well before its release date. Good things don't just fall into Sasha's lap. She makes good things happen. Sasha Cohen is in control of life and wouldn't have it any other way. She switched to skating at age 7 after starting with gymnastics, after winning various gymnastics awards. Cohen won the silver medal at US Nationals in her first senior year and takes part in choreographing her programs. She admires figure skaters Scott Hamilton and Kurt Browning. Her long term goals include working as a fashion designer, but Sasha also enjoys cooking and travel. Until now, she has designed some of her practice dresses with the help of her mother and her costume designer Mare Talbott. Her mother Galina emigrated from the Ukraine to the United States. Sasha has a younger sister, Natasha, who is a pianist, a dog named "Mocha" and two cats named "Mia" and "Meow". Cohen switched coaches shortly before the 2005 U.S. Nationals, leaving Robin Wagner to go back to former coach John Nicks in California and is currently coached by Rafael Arutunian, a former Soviet national competitor and former coach of skaters including Jeffrey Buttle and Michelle Kwan.

SASHA COHEN COMPETITIVE RECORD

2006 SEASON

* Olympic Winter Games 2006- 2nd
*2006 World Championships- 3rd
2006 National Championships- 1st

2005 SEASON

*2005 World Championships- 2nd
2005 National Championships- 2nd
*Trophee Eric Bompard- 2nd
*Campbell's FS Classics- 1st

2004 SEASON

*2004 World Championships- 2nd
2004 National Championships- 2nd
*ISU Grand Prix Final- 4th
*Int. World Skating Challenge- 1st
*Campbell's Skating Challenge- 3rd
*Marshall's World Cup- 3rd

2003 SEASON

*2003 World Championships- 4th
2003 National Championships- 3rd
*Campbell's Intern. FS Classic- 1st
*Int. Figure Skating Challenge- 3rd

2002 SEASON

* Olympic Winter Games 2002- 4th
*2002 World Championships- 4th
2002 National Championships- 2nd

2000-2001 SEASON

*2000 World Junior Championships- 6th (Junior)
2000 National Championships- 2nd

*International Competition

PERSONAL BESTS

	Score	Date	Event
Personal Best Total:	197.60	01.11.2003	MasterCard Skate Canada Int. 2003
Short Program:	71.12	31.10.2003	MasterCard Skate Canada Int. 2003
Free Skating:	130.89	25.10.2003	Smart Ones Skate America 2003